



HEAD



HEART



HANDS



HEALTH

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Dear 4-H Members and Families,

Are you ready for SPRING yet? Here at the office we are definitely ready for warmer days and enjoying the great outdoors!

Community service is a great way to shake off the winter blues, get outside and lend a helping hand to our community.

If your club does participate with a community service project, please take photos and let the Extension Office know so that we can use it to help promote 4-H! If you have any questions or are in need of some service project ideas, contact the office.

Kodie

**MONTANA 4-H REC LAB**

**What's Rec Lab?**

"Rec Lab" stands for *Recreation Lab*, and it's all about interactive, action-packed learning. This event is designed for teens like you (13 years and older by October 1, 2024) who want to sharpen their leadership, communication, and teamwork skills. Whether you're looking to become a better leader for your 4-H club, camp, or community, Rec Lab has something for everyone!

Through creative activities, games, and challenges, you'll develop valuable skills in an exciting, engaging way. Plus, you'll meet other 4-H members from around Montana and make memories that will last a lifetime.



**Event Details:**

**Dates:** March 28-30, 2025

**Location:** White Sulphur Springs, MT

**Who can attend:** Open to all youth ages 13 and older (as of 10/01/24).

**REGISTRATION INFORMATION**

Registration is completed using Zsuite. Enrolled members and volunteers can access the registration by clicking on "Events" on the left sidebar. The event will only be visible to eligible members.

- \$100 Registration Fee: Includes meals, lodging (in the school gym), t-shirt and activities.
- Registration is open from February 10 to March 12.

All activities will take place at the school. Female participants and chaperones and male participants and chaperones will be housed in different areas of the school facilities. All participants will need to bring: \* Sleeping bag \* Air mattress/pad \* Pillow \* Towel and other personal items. There are locker room bathroom facilities and public style showers.

**So, follow the yellow brick road and join us at Rec Lab!**

Office Staff

David Kirschten  
Kodie Olsen  
Madison Butori

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Fallon County Extension

Phone

Office Hours

8:00-5:00  
Monday- Friday

# NEWS FOR ALL 4-H FAMILIES

## 4-H CAMP TEEN COUNSELORS

Would you like to help a 4-H member discover the fun of attending camp? If so, becoming a Southeastern Montana 4-H Camp Teen Counselor is an excellent way to complete that goal!

Applications have been sent to all 4-H senior members who are eligible to become counselors and are available at your Extension Office. **Applications will be due March 14, 2025.**

Camp Dates for Counselors will be: June 9-12, 2025

Requirements for being a camp counselor are:

- Applicant must be 14 years old as of October 1, 2024,
- Must have completed their freshman year of high school.

No payment will be required at the time of application but once counselors are selected, you will need to fill out a regular camp registration. Payment will be due at that time. If you have any questions, please contact the Fallon County Extension Office.



## SAVE THE DATE

### **Southeastern Montana 4-H Camp June 10-12, 2025 -Camp Needmore**

“Red, White, and Blue!”



**Who attends:**

3rd-6th Graders from Carter, Custer, Dawson, Fallon, Garfield, McCone, Powder River, Wibaux, Prairie, Rosebud-Treasure, & Harding Counties

**Travel Arrangements:**

Travel to and from Camp is the responsibility of parents and/or clubs from each county.

**Camp Activities:**

Campfires, singing, rappelling, crafts, dancing, shooting sports, nature hike, and LOTS OF FUN!

Registration will be mailed to all eligible youth as soon as it is available!

## SAVE THE DATE

### **OREO Trip June 16-18, 2025 -Paradise Valley**

“Western Adventure”

**Who attends:**

7th-8th Graders from Carter, Custer, Dawson, Fallon, Garfield, McCone, Powder River, Wibaux, Prairie, Rosebud-Treasure, & Harding Counties

Registration will be mailed to all eligible youth as soon as it is available!

# NEWS FOR ALL 4-H FAMILIES

## FALLON COUNTY 4-H FRUIT

### Important Dates



Wednesday, March 19<sup>th</sup>

4-H fruit arrives at @ 8:00 am at the Fallon County Exhibit Hall.

**All fruit will need to be sorted and picked up by 4-H members on March 19<sup>th</sup> by 5:30 pm.**

Monday, March 31<sup>st</sup>

All fruit monies need to be turned into the Extension Office no later than 5:00 pm.

If you do not make these deadlines, your 10% will be donated to the Fallon County 4-H Council.

## MEMBER SPOTLIGHT

### Sawyer Brockel



**Projects:** Rabbit/Rabbit: Level 1, Meat Goat/Meat Goat: Market, Shooting Sports/Shooting Sports: Archery, Meat Goat/Meat Goat: Breeding, Swine/Swine: Level 1, Swine/Swine: Market, Meat Goat/Meat Goat: Level 2, Rabbit/Rabbit: Market

Sawyer has grown so much this year with her showmanship and leadership skills. Sawyer serves as her club's vice president and last year she did an amazing job with the club's scrapbook.

### Haddie Barkley



**Projects:** Cooking/Cooking: 201, Beef/Beef: Market, Beef/Beef: Level 1, Babysitting/Babysitting, Dairy Cattle/Dairy Cattle: Level 1, Beef/Beef: Breeding

Haddie has such a great attitude to all situations and she is willing to do almost anything at least once. Haddie takes her projects to heart and you can see her dedication to all her projects. We are really excited to see what she brings to the fair this year.

We are pleased to recognize these great 4-H members and we have a gift for them at the office. If you would like to recommend a member for the spotlight, please contact the office.

## 4-H TRIVIA

The first person to come in or call the office and answer the following question will win some 4-H Swag!

Question: How many youth in Montana are enrolled in food and nutrition projects?

Hint: You may be able to find the answer on the Montana 4-H Website!

# VOLUNTEER APPRECIATION WEEK

## APRIL 20<sup>TH</sup>—26<sup>TH</sup>, 2025

Nominate a 4-H volunteer and show them just what an impact they have had on you and your 4-H journey! Volunteers will be recognized during Volunteer Appreciation Week. One volunteer will be chosen as the “Volunteer of the Day” each day and all volunteers that are nominated will be in the running for the “Volunteer of the Year”.

### HOW TO NOMINATE

- Write a 5-10 sentence explanation on why you think the volunteer should be nominated. You can include committees they have served on, workshops they hosted, or what they have done to help you.
- Nomination explanations can also include funny stories or memories that you have shared with your volunteer.
- If you have a picture of the volunteer please include it with your nomination.

Please submit nominations to the Extension office by [April 1st](#). You can drop nominations off at the office or e-mail them to [fallon2@montana.edu](mailto:fallon2@montana.edu). If you have any questions, please contact the office.

## MONTANA VOLUNTEER SPOTLIGHT

Our very own, Wanda Pinnow has been selected to represent the Montana 4-H Volunteer Spotlight. Here is what was written on her behalf. Thank you Wanda for serving Fallon County.

Wanda has been involved in 4-H as an organizational leader and project leader for 31 years, serving multiple generations of 4-H families. She has served as an officer in various capacities and currently serves as president of the Livestock Committee in Fallon County. Wanda works as a clerk for the livestock exhibits at fair time, has served on state-level committees, and works closely with the MSU Extension office and its employees. Wanda, thank you for volunteering with Montana 4-H!



# NEWS FOR ALL 4-H FAMILIES

## UPCOMING EVENTS

Monday, April 14<sup>th</sup>, 2025

### Livestock Committee Meeting

- Meeting will be held at the Fallon County Exhibit Hall at 5:30 pm.
- Agenda Items will include: Livestock buyers gifts, set date for goat/sheep weigh-ins, fair book revisions, and fair items.

Monday, April 21<sup>st</sup>, 2025

### 4-H Council Meeting

- Meeting will be held at the Fallon County Exhibit Hall at 5:30 pm.
- Agenda Items will include: add/drop, committee updates, OREO trip update, and county event updates.

## Thank you to the Fallon County Ambassadors for hosting the Record Book Workshop!



## 4-H/FFA LIVESTOCK AND ANIMAL PROJECTS

### LIVESTOCK JUDGING CONTEST

#### FALLON COUNTY 4-H LIVESTOCK JUDGING CONTEST

Saturday, April 26, 2025

Fallon County Indoor Barn- Baker, MT

Registration: Saturday, April 26, 2025- 11:00 am




For more information or registration forms for any of these judgings, please contact the office.

### MARKET RABBIT PROJECT

If you are looking for a market rabbit, please contact Tim Grube at 406-978-3902. He has New Zealand/ California White rabbits.

# 4-H CALENDAR OF EVENTS

## March 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Self- Determined Project Description Due State 4-H Shoot
2 State 4-H Shoot	3	4 Cloverbuds- 4 pm	5	6	7	8
9 	10	11	12 Rec Lab Registration Due	13	14 Camp Counselor Applications Due	15
16 Leadership Academy- 3 pm	17 	18 Cloverbuds- 4 pm	19	20	21	22
23	24	25	26	27	28 Rec Lab- White Sulfur Springs, MT	29
30 Rec Lab	31 Fruit Money Due 					

## April 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Volunteer Award Nominations Due Cloverbuds- 4 pm	2	3	4	5
6	7	8	9	10	11	12
13	14 Joint Livestock Committee Mtg- 5:30 pm	15 Cloverbuds- 4 pm	16	17	18	19
20 	21 4-H Council Mtg- 5:30 pm	22	23	24	25	26 Spring Livestock Judging- 11 am
National Volunteer Appreciation Week						
27 Camp Counselor Training- 1:30 pm	28	29	30			